



Bob Holmes
"The One Man Volleyball Team"
bob@beatbob.com
910-988-0865



SET UP FOR THE GYM TIME

If you have any questions please contact Rodney Sellers
832-731-9574.

Here is the setup for the assemblies:

If you can show my video through www.beatbob.com to the students through the internet and homeroom (or some way) it would sure build up excitement for my time there.

Assembly time is around one hour and fifteen minutes from starting time.
(FLEXIBLE)

WHEN THE JUNIOR HIGH IS IN THE SAME BUILDING OR CLOSE ENOUGH FOR THE STUDENTS TO WALK OVER, ALWAYS INCLUDE THEM IN THE ASSEMBLY.

IT IS VERY IMPORTANT THAT THEY HEAR THE MESSAGE BEFORE THEY BECOME ENSLAVED BY DRUGS AND ALCOHOL.

THESE THINGS MUST BE IN PLACE BEFORE YOU INTRODUCE ME:

- 2 Electric Extension cords to reach the back line of the court.
- A table to place my computer on the back of the court
- Ice water for Bob
- Scoreboard on and ready with an operator
- Girl's team, boy's team, and staff team and or youth leaders in that order.
- Teams all lined up and on deck ready to come onto the court
- Referee calling just the boundary lines. I let the teams hit the ball anyway they want to.
- 4 ball boys/or girls, one in each corner of the gym each holding volleyballs. Best to use soft leather volleyballs.
- Be sure all exhaust fans are off to help with acoustics
- Have teachers sit in with students if at all possible

Great to announce and promote with posters or banners to build up excitement for my visit.



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INTRODUCTION FOR BOB HOLMES

**BOB IS A ONE MAN VOLLEYBALL TEAM WHO SINGLE-HANDEDLY TAKES
ON TEAMS**

HE HAS BEATEN THE:

>MINNESOTA VIKINGS

>THE PITTSBURGH STEELERS

>THE MIAMI DOLPHINS

>WASHINGTON REDSKINS

>TORONTO BLUE JAYS

>BALTIMORE ORIOLES WITH CAL RIPKEN

>A FIRST PLACE BEACH TEAM

>THE BUFFALO BILLS THREE TIMES

>ALL THE ATHLETIC TEAMS OF TEXAS A&M PLAYED BOB

IN ONE NIGHT.

**HE HAS APPEARED IN OVER 5,000 GYMNASIUMS IN FRONT OF OVER 3
MILLION PEOPLE**

**HE HAS 16,080 WINS AND 340 LOSSES SINCE 1986 AGAINST OVER
400,000 OPPONENTS.**

BOB HAS BEEN FEATURED ON:

RIPLEY'S BELIEVE IT OR NOT, CBS THIS MORNING SHOW.

AND IN THE USA TODAY NEWSPAPER.